

## Child Friendly Safeguarding Leaflet

If you are worried about anything outside of school, these are two phone numbers that you can use.



SHOUT is a text helpline.  
Children can Text P2B to  
85258 and speak to a  
trained volunteer.



### Main Contact:

**Mrs C Doyle** (Headteacher & Designated Safeguard Lead)



### Additional Contacts:

**Miss J Platt** (Deputy Headteacher / SENDCO & Designated Safeguarding Lead)

**Miss C Coffey** (Family Liaison Officer & Designated Safeguarding Lead)

## St Sebastian's Child Friendly Safeguarding Leaflet



This leaflet includes:

How can someone hurt you?

Tips to keep yourself safe

What should you do if you are hurt?

You have a right to be kept safe (Article 19 UNCRC)

You have a right to say what you think should happen and be listened to (Article 12 UNCRC)



## How can someone hurt you?



- \*If someone hits you, kicks you or hurts you
- \*If someone calls you names, makes fun of you or hurts your feelings
- \*If someone makes you feel scared, sad, upset or frightened
- \*If someone says something bad about you on the internet
- \*If someone shouts, threatens, hits or hurts someone you love
- \*If someone doesn't take proper care of you so you feel lonely or hungry
- \*If someone stops you coming to school on time
- \*If someone touches you in a way that you don't like and makes you feel sad or uncomfortable



## Tips to keep yourself safe

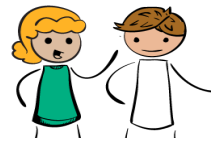


If you see someone being bullied, you must tell an adult.



If someone says something to you that upsets you, you must speak to a member of staff, your parents or other adult as soon as possible. If somebody touches you, says anything or makes you feel uncomfortable in any way, tell an adult.

Remember if you need to speak to someone, St. Sebastian's staff are always here to listen!



Know how to stay safe on the computer, mobile phone and other devices.

Remember to be SMART:



**S**afe - don't give out personal information

**M**eeting - don't meet people you only know online

**A**ccepting - be careful about accepting files



**R**eliable - some information on the internet is fake

**T**ell an adult if you see anything that makes you feel uncomfortable.



## What should you do if you are hurt?



### Who should you speak to?

If you are in school, you can always talk to a trusted adult (teacher, teaching assistant, welfare assistant, office staff or our Place2Be counsellor). They will not speak to anyone else about your problem unless it is a bigger issue. They will then speak to **Mrs Doyle** who is called the '**Designated Safeguarding Lead**'.



Mrs Doyle knows lots of people that can help. Whenever there is an issue, it will always be dealt with in a way that has your rights as a priority.